



APA PsycTherapy



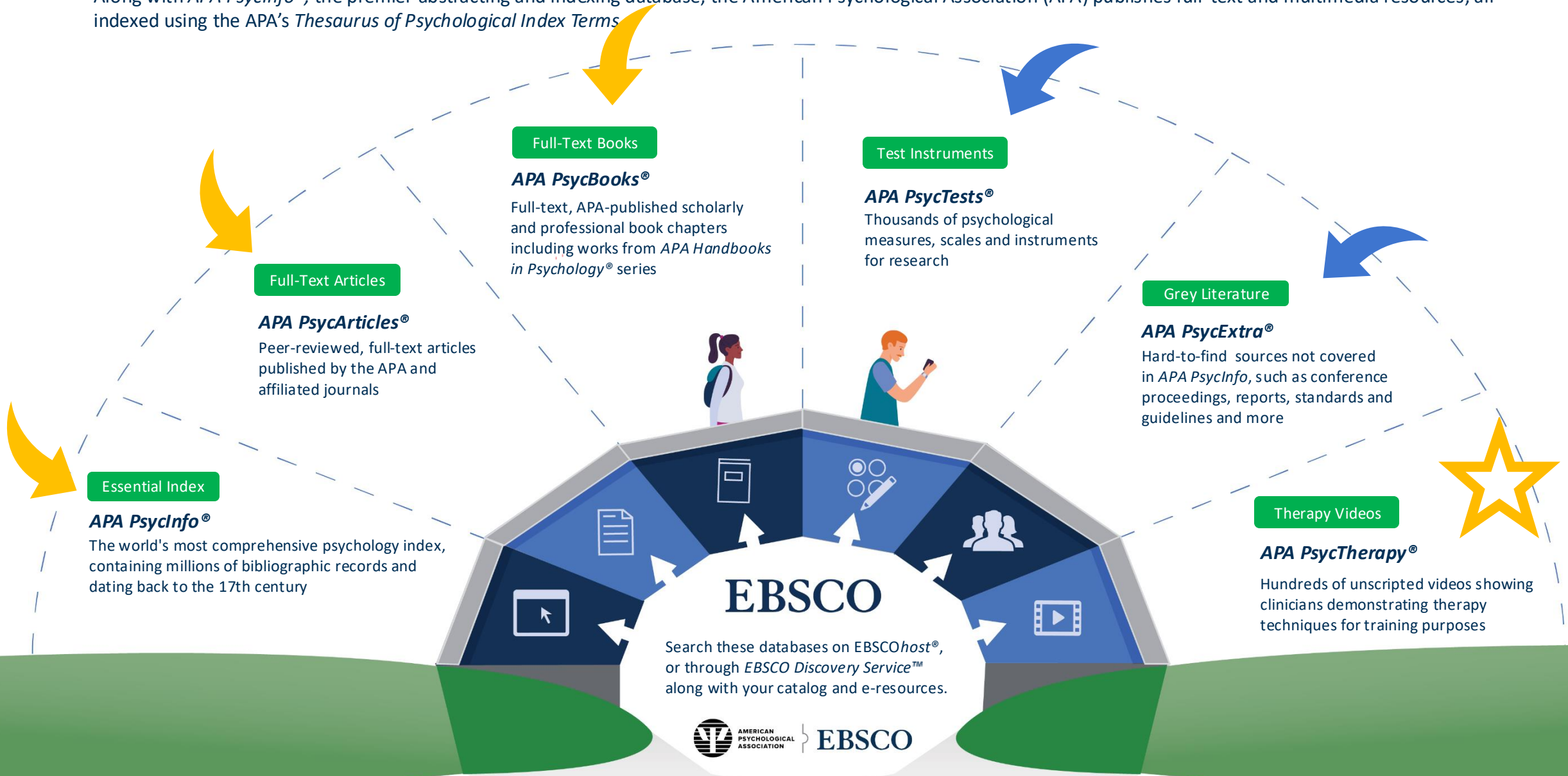
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PSYCHOLOGICAL
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Carlos Lopes (clopes@ispa.pt)

From Psychology Research to Clinical Practice, Discover Trusted Behavioral Health Resources for Every Step of the Way

Along with *APA PsycInfo*®, the premier abstracting and indexing database, the American Psychological Association (APA) publishes full-text and multimedia resources, all indexed using the APA's *Thesaurus of Psychological Index Terms*





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EBSCO

APA PsycTherapy

Formação de Utilizadores



1. O que é a APA PsycTherapy (Ebsco)?
2. Funcionalidades e características (e.g., vídeos clips, playlists, segmentos, pesquisas avançadas, etc.)
3. Estratégias de pesquisa e de aprendizagem na plataforma da APA PsycTherapy
4. Discussão de vários tópicos no contexto da psicoterapia
5. Demonstração do recurso, exercícios e estudo de casos



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APA PsycTherapy



- **APA PsycTherapy[®]** é um recurso em constante expansão que oferece **vídeos de psicoterapia em streaming** que fornecem uma porta de entrada para estudantes, educadores e profissionais **testemunharem em primeira mão**, abordagens comprovadas e obstáculos comuns enfrentados durante as sessões de terapia.
- Trata-se de uma ferramenta dinâmica de ensino e aprendizagem, a **APA PsycTherapy** fornece uma rica variedade de interações filmadas entre terapeutas e indivíduos conhecidos, casais e famílias.



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APA PsycTherapy



A **APA PsycTherapy**[®] inclui agora:

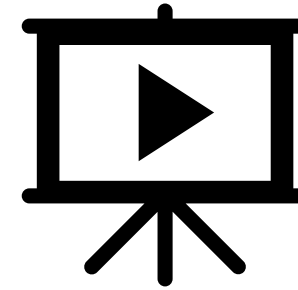
- **945** vídeos
- **364** tópicos
- **270** terapeutas
- **179** abordagens terapêuticas

APA PsycTherapy

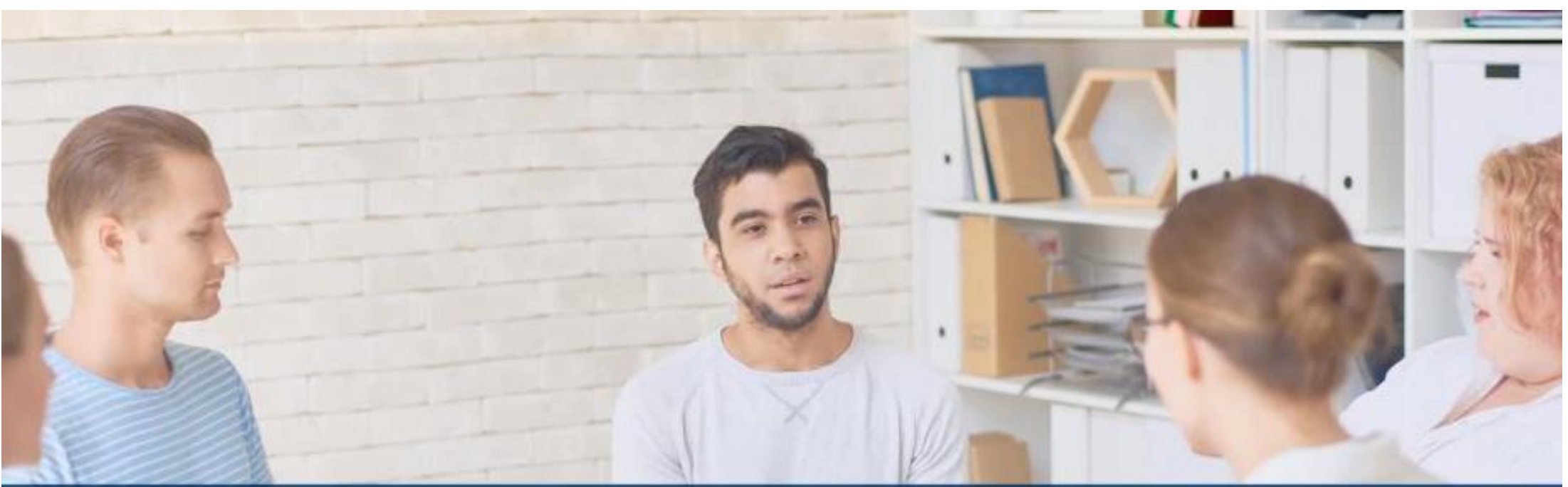


Manual

&



Vídeo de demonstração



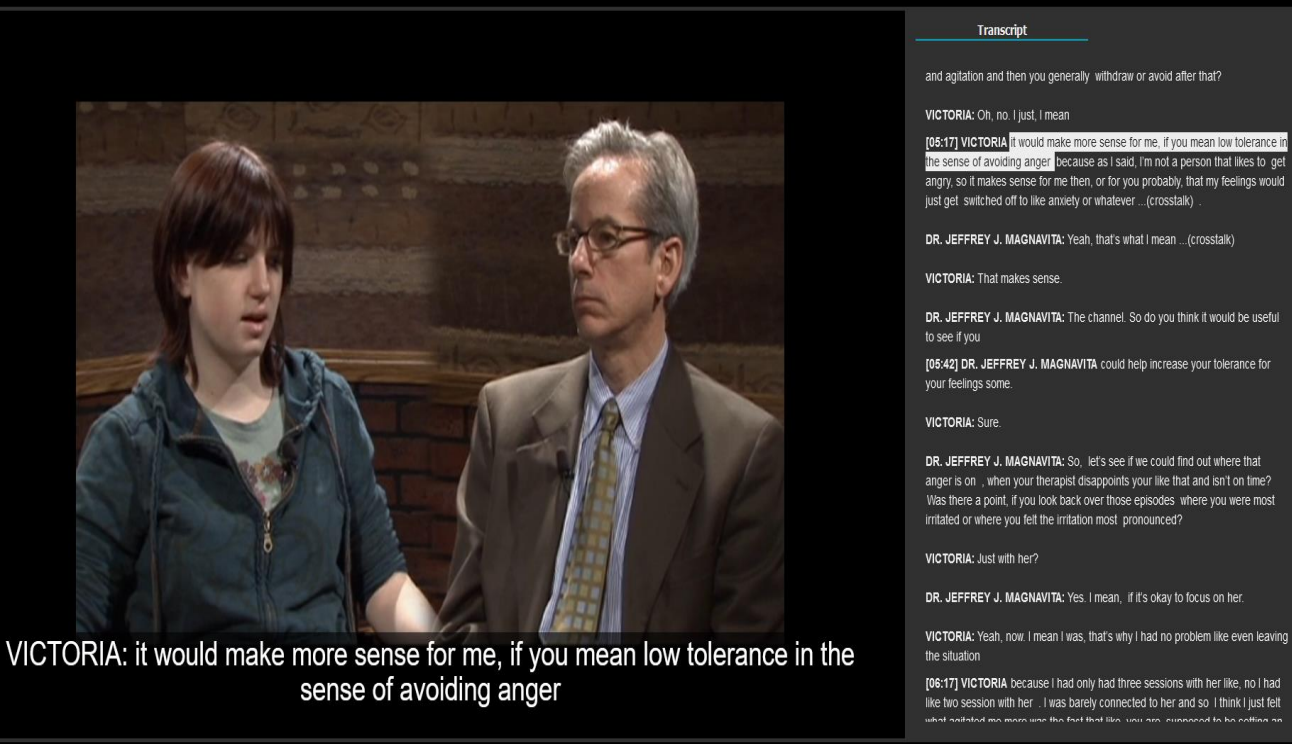
Searching

APA PsycTherapy

APA PsycTherapy[®] – Streaming Demonstration Videos

- Mais de **945 vídeos** que mostram abordagens terapêuticas em sessões de terapia autêntica
- **Mais de 179 abordagens terapêuticas (270 terapeutas)** abrangidas, e mais de **316 tópicos**
- Aproximadamente **290 vídeos** com segmentos para visualização
- **Métodos comprovados que mostram os obstáculos comuns enfrentados durante as sessões terapêuticas**
- **Ferramentas** úteis que permitem aos utilizadores criar listas de reprodução e partilhar videoclipes
- **Metadados com etiquetas especializadas para uma navegação fácil a técnicas terapêuticas específicas**
- **Transcrições sincronizadas** que permitem aos utilizadores procurar momentos precisos na terapia
- **O Guia Didático da APA PsycTherapy** fornece exercícios passo-a-passo e vídeos sugeridos para usar em ambientes de treino (e.g., aulas, webinars)

https://psyctherapy.apa.org/file/teachingguide_2020



and agitation and then you generally withdraw or avoid after that?

VICTORIA: Oh, no. I just, I mean

[05:17] VICTORIA: It would make more sense for me, if you mean low tolerance in the sense of avoiding anger because as I said, I'm not a person that likes to get angry, so it makes sense for me then, or for you probably, that my feelings would just get switched off to like anxiously or whatever ... (crosstalk)

DR. JEFFREY J. MAGNAVITA: Yeah, that's what I mean ... (crosstalk)

VICTORIA: That makes sense.

DR. JEFFREY J. MAGNAVITA: The channel. So do you think it would be useful to see if you

[05:42] DR. JEFFREY J. MAGNAVITA: could help increase your tolerance for your feelings some.

VICTORIA: Sure.

DR. JEFFREY J. MAGNAVITA: So, let's see if we could find out where that anger is on when your therapist disappoints your like that and isn't on time? Was there a point, if you look back over those episodes where you were most irritated or where you felt the irritation most pronounced?

VICTORIA: Just with her?

DR. JEFFREY J. MAGNAVITA: Yes. I mean, if it's okay to focus on her.

VICTORIA: Yeah, now. I mean I was, that's why I had no problem like even leaving the situation

[06:17] VICTORIA: because I had only had three sessions with her like, no I had like two sessions with her I was barely connected to her and so I think I just felt what irritated me more was the fact that like, you are supposed to be getting on

VICTORIA: it would make more sense for me, if you mean low tolerance in the sense of avoiding anger

The APA PsycT

REVISED EDITION

by: Gary VandenBos, Edward Meide

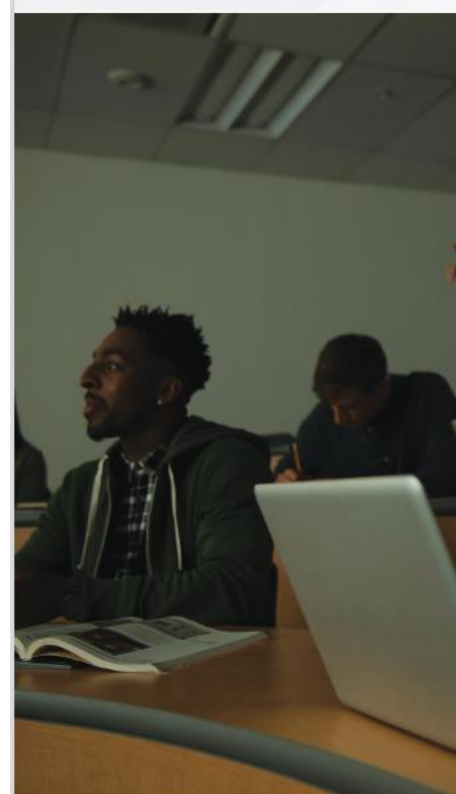


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Contents

Uses in Psych

It is important for students in clinical psychology to understand the signs and symptoms of mental disorders and illnesses, including how to tell when a constellation of symptoms indicates a disorder. This skill is founded on memo repeated in vivo observation and interaction. The great first step in this direction and can be used to also assessment and classification (i.e., by looking at and causes (i.e., by looking at what participants make that follows is a way to learn not only about treatment

End

1. Students should already be somewhat familiar with the concept of a clip so it may be that you do not want to use the clip until readings are provided at the end of the chapter.
2. Once students are grounded in psychopathology, you can do this by first assigning students to watch a video that shows a therapist working with a client. Then give them a video that shows a therapist working with a client. Assigning videos is to ask the students to find a clip that works the same.
3. Ask students to watch the videos and create a clip (30 seconds to 3 minutes). For each clip, ask students to describe the intervention, or etiology is illustrated in the clip.
 - a. The first clip should illustrate a clinical intervention.
 - b. The second clip should point to the client's environment or experience. Let students describe the environment depending on the video they watch.
 - c. The third clip should focus on the client's experience to help the client.

Discussion Questions

1. Describe and discuss the elements of the symptom shown here. What makes these elements unique to this diagnosis?
2. Is there anything in this video that is not in keeping with the diagnosis assigned?
3. What, if anything, is indicated by the client or implied by the therapist's questioning, about the etiology of this disorder?
4. Where do you expect treatment to go after this session?

Suggested Reading

Classification

Berenbaum, H. (2013). Classification and psychopathology research. [Special Section: Reconceptualizing the Diagnosis of Mental Disorders: Incorporating Promising Leads Into Lasting Insights]. *Journal of Abnormal Psychology, 122*(3), 894–901. doi: 10.1037/a0033096

Salzinger, K., & Serper, M. R. (Eds.). (2009). *Behavioral mechanisms and psychopathology: Advancing the explanation of its nature, cause, and treatment*. Washington, DC: American Psychological Association. doi: 10.1037/11884-000

Symptomology

Butcher, J. N., Bubany, S., & Mason, S. N. (2013). Assessment of personality and psychopathology with self-report inventories. In K. F. Geisinger (Ed.), *APA handbook of testing and assessment in psychology, Vol. 2: Testing and assessment in clinical and counseling psychology* (pp. 171–192). Washington, DC: American Psychological Association. doi: 10.1037/14048-011

Kihlstrom, J. F. (2002). To honor Kraepelin... From symptoms to pathology in the diagnosis of mental illness. Rethinking the DSM: A psychological perspective. In L. E. Beutler & M. L. Malik (Eds.), *Rethinking the DSM: A psychological perspective* (pp. 279–303). Washington, DC: American Psychological Association. doi: 10.1037/10456-011

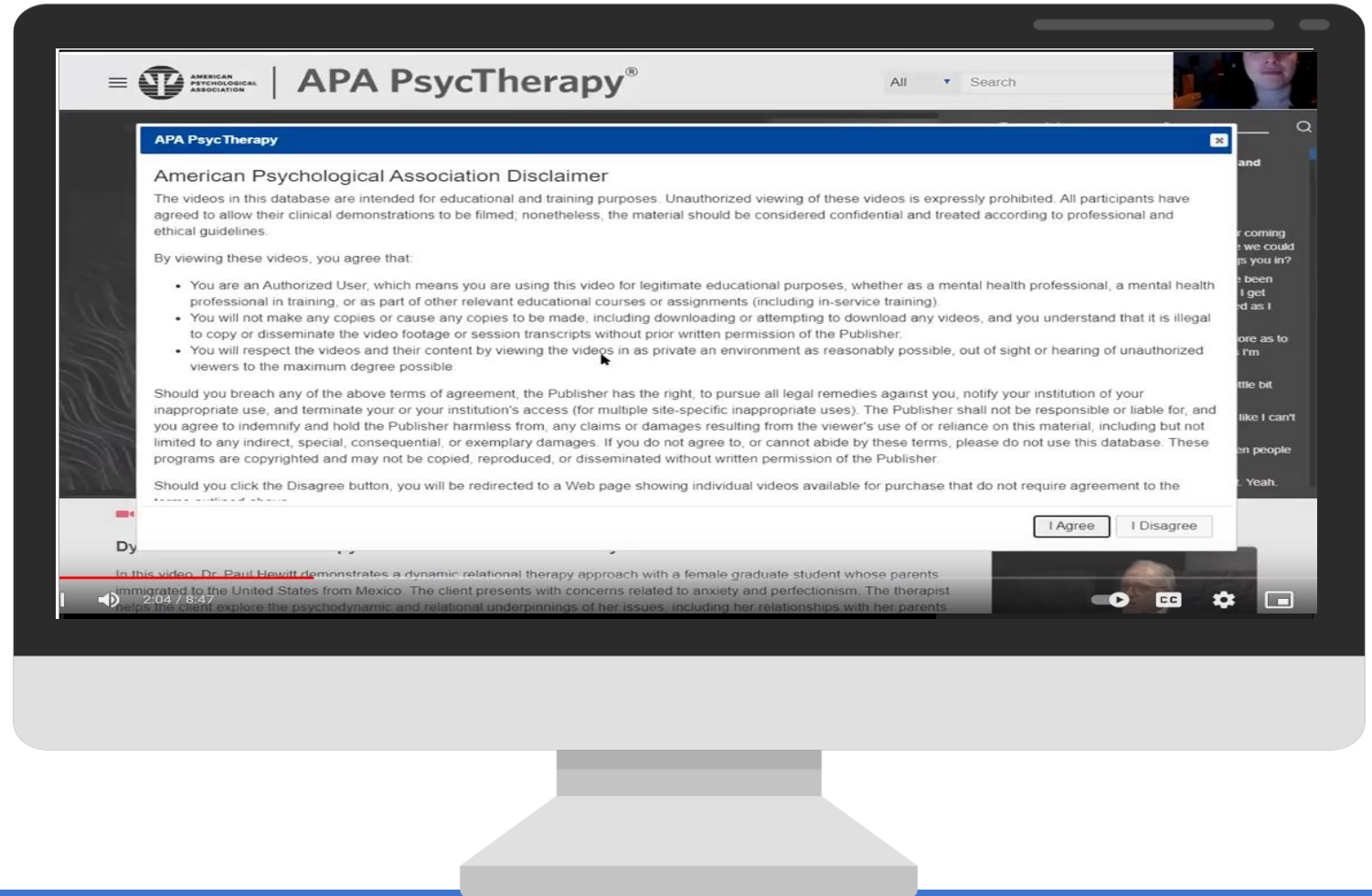
Etiology

Adams, R. L., Parsons, O. A., Culbertson, J. L., & Nixon, S. J. (Eds.). (1996). *Neuropsychology for clinical practice: Etiology, assessment, and treatment of common neurological disorders*. Washington, DC: American Psychological Association. doi: 10.1037/10198-000

Marlatt, G. A., & Witkiewitz, K. (Eds.). (2009). *Addictive behaviors: New readings on etiology, prevention, and treatment*. Washington, DC: American Psychological Association. doi: 10.1037/11855-000

Scheier, L. M. (Ed.). (2010). *Handbook of drug use etiology: Theory, methods, and empirical findings*. Washington, DC: American Psychological Association.

Apresentação



APA PsycTherapy®



Frequently asked questions about APA PsycTherapy[®]

These are the top questions asked most by our visitors. If you have a question that's not on this list, [please email us](#). We'll send you a personal response within the week.

- ▶ **What is APA PsycTherapy?**
- ▶ **Where do the videos in APA PsycTherapy come from?**
- ▶ **How current is the content in APA PsycTherapy?**
- ▶ **How do I access APA PsycTherapy?**
- ▶ **What vendors offer APA PsycTherapy?**
- ▶ **My institution accesses APA databases on a platform other than APA PsycNet. Can we use APA PsycNet**

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<https://www.apa.org/pubs/databases/psyctherapy/faq>

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Novidades



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APA PUBLISHING BLOG

New Videos Added to APA PsycTherapy (Fall 2022)

Posted on September 29, 2022 by Marta Soto in For Librarians

APA PsycTherapy®

Streaming demonstration videos for teaching and learning
psychotherapy techniques

In September, we added 10 new videos to APA PsycTherapy®, our streaming video database designed to meet the teaching and training needs of psychotherapy students and practitioners. APA PsycTherapy videos are recorded during an unscripted online session to provide an authentic example of psychotherapy conducted by an expert therapist.

The 10 newest videos are excellent examples of working with clients/patients remotely through video conferencing. In addition, each new video is divided into meaningful segments for easier identification of teachable moments. (More than 200 older videos are also segmented into these annotated chapters).

- Positive Psychotherapy With a Ukrainian Refugee
- Behavioral Health Consultation With a Woman Experiencing Physical Symptoms Following COVID-19
- Brief Primary Care Behavioral Health Model for COVID-Related Concerns

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<https://blog.apapubs.org/2022/09/29/new-videos-added-to-apa-psychtherapy-fall-2022/>

Sem concluir...

“APA PsycTherapy oferece uma interface robusta e fácil de usar, intuitiva e bem organizada. A capacidade de observar profissionais experientes e conhecidos em sessão com os clientes... é inestimável para aqueles em treinamento...”

- *Avaliações de escolha*



Questões?

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